

What is 4-H?



4-H is America's largest youth development organization—empowering nearly six million young people with the skills to lead for a lifetime.

In 4-H programs, kids and teens complete hands-on projects in areas like health, science, agriculture and civic engagement in a positive environment where they receive guidance from adult mentors and are encouraged to take on proactive leadership roles. Kids experience 4-H in every county and parish in the country through in-school and after-school programs, school and community clubs and 4-H camps.

Contact Us

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316-660-0100

Register Here

www.tinyurl.com/school-enrichment

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Kansas State University Agricultural Experiment Station and
Cooperative Extension Service.

K-State Research and Extension is an equal opportunity
provider and employer.



4-H SCHOOL PROGRAMS

**2024-2025
School Year**



School Program Guide

The 4-H School Enrichment program provides educators with the opportunity to bring 4-H into the classroom through research based programming facilitated by Sedgwick County Extension staff and volunteers.



LIFE CYCLE MIRACLE

GRADES K-5 - 45 MIN LESSON
3-4 WEEK OBSERVATION

Students will be able to watch Painted Lady caterpillars grow, form chrysalises and hatch into butterflies. Learn about the anatomy, life cycle and the role of the butterfly in its environment.
Spring only.

PLANT EXPLORATION

GRADE 1 - 45 MIN LESSON

Students will review the parts of the plant and the role they play in the survival of the plant through a hands-on small group activity. Students will plant a seed and observe its growth.

MINDFUL ME

GRADES 1-3
(KIT AVAILABLE FOR CHECKOUT)

Intended to be delivered through weekly 1 hour sessions over 7 weeks. This primary mental health program introduces basic concepts in mindfulness, positive affirmations, identification and management of emotions, and yoga. Extension staff available to teach grade 2 only. Curriculum kits available for other grades.

EXPLORING POLLINATION THROUGH CREATIVITY

GRADE 2 - 45 MIN LESSON

Students will explore the world of flowers and pollination through creative stories. They will work in groups to research types of pollinators and flowers using provided media. Spring only.

WHEAT SCIENCE

GRADES 2-4 - 60 MIN LESSON

Students can explore the importance of Kansas wheat, principles of baking, yeast development, and good nutrition. Includes a bread making activity. Orders due by November 4

EXPLORING LOCAL PRODUCE WITH OUR SENSES

GRADES 3-5 - 45 MIN LESSON

Students will learn what fruits & vegetables grow in Kansas. A local farmer shares how they grow their crops. Students will mindfully sample local produce. Fall only.

SCREENLESS CODING WITH STEVE

GRADES 3-6
3 - 45-60 MIN LESSONS

This modifiable series will cover how to operate our Indi robots (Steve and friends) through screenless coding exercises and obstacle course challenges. Max of 20 students per class

K-STATE
Research and Extension



Want more?

Looking for more educational experiences or resources around Environmental Education, STEAM, Agriculture Education, or hands on learning?

Contact our School Enrichment staff and ask about other opportunities such as individualized programs and School 4-H Clubs.