



K-STATE
Research and Extension

Sedgwick County

4-H UPDATE

www.sedgwick.ksu.edu

In this Issue

Page 1 Calendar

Page 2 From the Desk
of...Stephanie Hays

Page 3 4-H Week, 48 Hours of
4-H

Page 4 Scholl Enrichment
Resources

Page 5 4-H Club News

Page 6 Teen Council News

Page 7 Club Leaders

Page 8 Project Leaders

Page 9 Project Leaders and
Project List

Page 10 Mark Arts and Wichita
Thunder Reminders

Page 11 4-H Staff

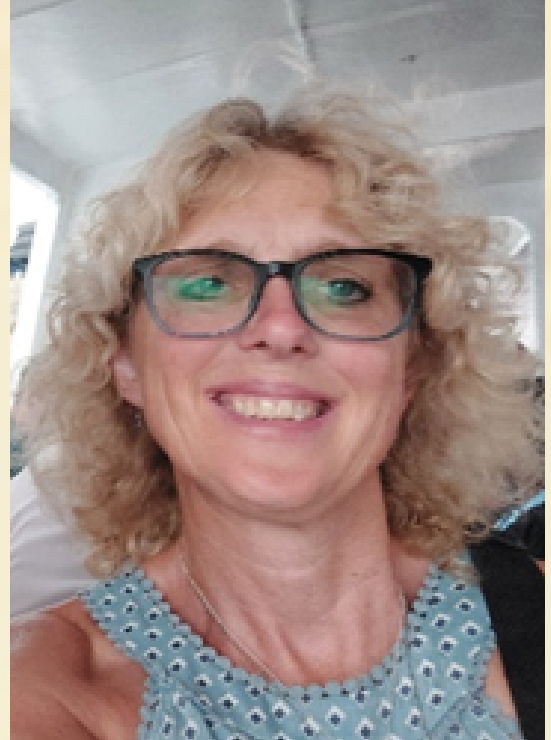
IMPORTANT DATES AND DEADLINES

- **OCTOBER 1** NEW 4-H YEAR BEGINS
- **OCTOBER 6-12** 4-H WEEK
- **OCTOBER 7** GROW 4-H PACKETS DUE
- **OCTOBER 12** MARK ARTS
- **OCTOBER 12-13** 48 HOURS OF 4-H
- **OCTOBER 13** 4-H CARNIVAL
- **OCTOBER 15** 4-H LEADER TRAINING
- **OCTOBER 19-20** DOG CONFERENCE, ROCK SPRINGS
- **OCTOBER 27** 4-H OFFICERS TRAINING
- **OCTOBER 28** TEEN COUNCIL PROJECT
- **NOVEMBER 10** AWARD CEREMONY
-
- **NOVEMBER 23-24** KYLF, ROCK SPRINGS
- **NOVEMBER 28-29** OFFICE CLOSED
- **DECEMBER 27** WICHITA THUNDER





*From the Desk of.....
Stephanie Hays*



**I am so excited to finally announce that
I am officially the 4-H Youth
Development Agent for
Sedgwick County K-State Research and
Extension.**

Why do I love 4-H so much.....Well, it has been part of my life since I was 8 years old. I truly believe that my 4-H experiences has led me to be the person I am today. I love our 4-H pledge to use our head, heart, hands, and health to be the best we can for ourselves, our clubs, county, country and our world.

I grew up being a 4-H'er in Broome County, New York.

As a kid my entire family was involved in the 4-H and Extension program. Some of the club projects I was involved with included sewing, cooking, arts and crafts, horses, goats, pigs, rabbits, and poultry. As I became a teenager, I became active as a 4-H ambassador, teen council leader and activities member.

After moving to Kansas and starting a family, I became the 4-H dairy goat and dairy cow project leader in the Quail Valley 4-H Club. Over the past 10 years I have served as the Sedgwick County fair barn superintendent for the dairy goat project. I was the leader for Quail Valley 4-H club for the last 2 years and only gave up this position to become your new agent.

Thank you to all the 4-H staff, our leaders, volunteers, and families that make us great. I look forward to growing our Sedgwick County 4-H program to make it the best it can be.



4-H PROUD, 4-H GROWN!

OCTOBER 6-12, 2024

Sunday	Selfie Sunday
Monday	Monday Motivation
Tuesday	Tuesday Trivia
Wednesday	4-H Spirit Day!
Thursday	Throwback Thursday
Friday	Friday Night Lights
Saturday	Saturday Service- #484H

K-STATE
Research and Extension



Kansas State University Agricultural Experiment Station and Cooperative Extension Service.
K-State Research and Extension is an equal opportunity provider and employer.

What: Join us this fall in seeing just how much we can give back to our communities! The weekend after National 4-H Week, is the perfect opportunity to setup a service project. Invite your friends, clubs, adult volunteers and 4-H Alums too! Find all the information here and start planning your projects. Please register your projects and then follow up with a report so we know about all the great things that happened across the state. 48 Hours of 4-H is the perfect compliment to #InspireKidstoDo

[48 Hours of 4-H](#)

REGISTER YOUR PROJECT TODAY!

48 HOURS OF 4-H SERVICE CHALLENGE

OCTOBER 13-14, 2024

K-STATE | Kansas State University Agricultural Experiment Station and Cooperative Extension Service.

Booth for Farmers Market for 48 Hours of 4-H

Do I have any clubs who would want to participate in setting up booths at the farmers market on October 12th for 48 Hours of 4-H ? I will provide all marketing materials about joining 4-H and all you have to provide is the 4-Hers and anything that makes your 4-Hers and club stand out. This could be a great way to market 4-H to the community.



SCHOOL AND AFTER SCHOOL RESOURCES

Have you looked at our website at <https://tinyurl.com/5n8zktzt>
or the 4-H Mall website <https://tinyurl.com/2fu2xh9t> for educational
programming and curriculum?

All school and after school resources meet the educational standards
and would be perfect for home schoolers.

Families are able to purchase project material from the 4-H mall or
contact the Sedgwick County 4-H office.

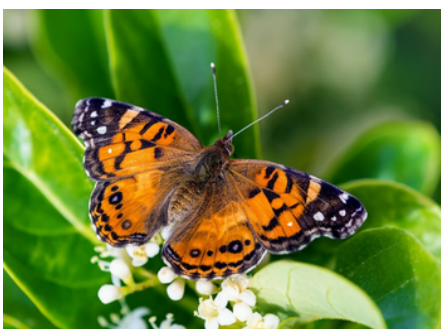
Mindful ME

Grades 1-3 (Kit available for checkout)



Life Cycle Miracle

Grades K-5



Wheat Science

Grades 2-5



Coding with Steve

Grades 3-6



For more information click
on titles above or contact
the office 316-660-0115.

4-H CLUB NEWS

The Derby 4-H Club has spent several years recycling aluminum cans and holding hot dog concession stands to raise money for the KS Honor Flight. A generous donation from a local church helped the club reach their goal of \$1000 which will send one veteran on a flight to Washington D.C.

A
W
E
S
O
M
E



A
W
E
S
O
M
E



Colwich Clovers 4-H Club passed out FREE green glow sticks at their local rodeo on September 20th and 21st. The next morning they helped clean up the trash.

Fun way to promote 4-H!



TEEN COUNCIL ACTIVITIES



Sedgwick County
4-H invites you to

.....

JOIN THE 4-H TEEN COUNCIL

Meeting Times
4th Monday night of every
month
7:00 p.m.
Extension Office

Open to any Sedgwick County 4-H Youth ages 13 and over.

Sedgwick County 4-H Teen Council provides an opportunity to work within your community with younger 4-Hers, participate in community service projects, get to know 4-H Teens from other county clubs and participate in leadership conferences and workshops.



All 4-Hers ages 13 & up are encouraged to come have fun with Teen Council and sign up to work at the concession stand.

<https://tinyurl.com/4dn42r9h>



We are asking for donations for concessions for the 4H Carnival on October 13 Please sign up for items you are willing to donate/bring.

<https://tinyurl.com/56t2vp5y>

For more information contact
Stephanie Hays 316-660-0111
sahays@ksu.edu
Sedgwick County Extension Office

4-H Policy States each 4-H club needs at least two leaders.....Can You Help Your Club???

KANSAS 4-H CLUB LEADER: POSITION DESCRIPTION



PURPOSE:

To ensure that the 4-H club has the necessary leadership to provide positive learning experiences for youth.

RESPONSIBILITIES:

- All individuals who work directly with youth are required to complete the Kansas 4-H volunteer screening process.
- Organize the 4-H club.
- Help members in selecting projects and online enrollment.
- With the 4-H officer team, help develop club goals and plan the program for the year. Have the completed program books printed and distributed.
- Work with the 4-H officer team in developing the monthly club meeting agenda.
- Attend all meetings and communicate dates and times of 4-H activities from the local K-State Research and Extension Office to members and their parents.
- Work with the club's Parents' Committee to identify the volunteer leadership needed for the club. Encourage all parents to become involved in the club program.
- Make sure all club volunteers complete the online volunteer enrollment and orientation process.
- Act as a liaison between the club and the local K-State Research and Extension Office. Pick up materials at the local K-State Research and Extension Office before each meeting to share with 4-H members.
- Complete necessary reports needed by the local K-State Research and Extension Office.
- Attend leader meetings and/or trainings provided by the local K-State Research and Extension staff. Encourage members to participate in 4-H activities beyond the local club.
- Work with the New Family Coordinator in welcoming new families to the club.
- Facilitate ceremonies to celebrate and recognize occasions and accomplishments.
- Delegate tasks and responsibilities to involve as many other volunteers (adult and youth) as you can to complete these tasks.

TRAINING AND ASSISTANCE:

- ✿ Local K-State Research and Extension staff
- ✿ [Club Leader, Kansas 4-H Officer Training video](#)
- ✿ [4-H Club Corner](#)

TIME COMMITMENT:

2-year term. Considerable preparation time in working with the 4-H Officer Team for each monthly meeting. Attend local club leader trainings and/or meetings.

QUALIFICATIONS:

- ✿ Enthusiastic about 4-H and the mission of positive youth development!
- ✿ Be committed to the successful management of the club.
- ✿ Enjoy working with youth and adults.
- ✿ Ability to communicate with youth and adults.
- ✿ Enjoy sharing the benefits of 4-H.

Do you have a skill or talent you would like to share with our 4-H youth, Club or Countywide level???

KANSAS 4-H PROJECT LEADER: POSITION DESCRIPTION



PURPOSE:

Provide leadership/teaching in a specific subject matter area to a small group of 4-Hers and assist them to develop life skills.

RESPONSIBILITIES:

- ☐ All individuals who work directly with youth are required to complete the Kansas 4-H volunteer screening process.
- Organize the project group. Communicate with 4-H members and families. Schedule and arrange for the project meetings. Conduct/teach project meetings. Help members complete project exhibit(s). Help members complete project report forms. Attend club meetings when possible.

TRAINING AND ASSISTANCE:

- ✿ Club Leader
- ✿ Local K-State Research and Extension staff
- ✿ [4-H Project Manuals and Leaders Guides](#)
- ✿ [Kansas Clover Classroom Project Challenges](#)
- ✿ Area and State Leaders training sessions

TIME COMMITMENT:

1-year term, October to September. Project meetings should be held at a time, place and frequency that is determined by you and the 4-Hers.

QUALIFICATIONS:

- ✿ Interest in helping youth.
- ✿ Interest in 4-H educational programs.
- ✿ Knowledge in or willingness to learn about subject matter to be lead (taught).
- ✿ Ability to organize and coordinate.
- ✿ Ability to communicate with youth and adults.

Kansas State University Agricultural Experiment Station and Cooperative Extension Service K-State Research and Extension is an equal opportunity provider and employer. Issued in furtherance of Cooperative Extension Work, Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Director of K-State Research and Extension, Kansas State University, County Extension Councils, Extension Districts.



4-H Marketing Ideas and Supplies



**Volunteers
Needed!**



Volunteer Opportunities

Below is a list of the Kansas 4-H projects. If you have skills in any of these areas and would like to share your knowledge and talent with 4-H youth please contact Stephanie Hays, 4-H Agent, at (316) 660-0111 or email her at sahays@ksu.edu.

Kansas 4-H Projects

Animal Science

Beef
Dairy Cattle
Dairy Goats
Dog
Horse
Meat Goats
Pets
Poultry Rabbits
Sheep
Swine
Veterinary Science

Communications & Expressive Arts

Communications
Performing Arts
Photography
Visual Arts

Consumer & Family Science

Sewing & Textile Design
Shopping in Style
Family Studies
Fib Arts
Food & Nutrition
Health & Wellness
Interior Design & Architecture

Natural Resources

Environmental Sciences
Geology
Shooting Sports
Wildlife

Leadership & Personal Development

Civic Engagement
Leadership
Reading Adventures
Self-Determined

Plant Sciences

Entomology
Agronomy
Forestry
Horticulture & Landscape Design

Engineering & Technology

Ag Mechanics Welding
Building Block Engineering
Astronomy
Computer Science
Electric & Renewable Energy
Robotics
Aerospace/Rocketry
Small Engines
Uncrewed Aircraft Systems
Woodworking

COMMUNITY PARTNERSHIPS

MARK ARTS



Mark Arts has agreed to partner with Sedgwick County 4-H youth.

One of the on-site programs Mark Arts hosts, is Art Together. Art Together is a free Mark Arts program that provides families with accessible art education and art appreciation opportunities on the second Saturday of every month from 10 A.M. to 12 P.M. Each Art Together program features three components: story time, a hands-on art project, and a live performance or demonstration. However, each program features a new community partner and theme that aligns with the partner. This keeps the program fun and different each event.

Mark Arts is aiming to host a harvest, agriculture, and/or fall themed Art Together for our October 12 program (the exact theme and participating partners are in the works). 4-H could potentially be a great partner for this program, as 4-H can share valuable info on par with the theme, and Art Together's existing audience could be great demographic to promote 4-H's programs.

Mark Arts also hosts an array of Youth classes and Workshops. This might be a great way to learn valuable information to create all of your Visual Arts Projects. Here is a link to their current classes.

<https://markartsk.com/youth/>

[Kids Day Out & Side-By-Side Workshops](#)



4-H Club Booths for Wichita Thunder Hockey Team

The Wichita Thunder Hockey team have agreed to be a community partner with Sedgwick County 4-H. December 27th their game against the Idaho Steelheads. We need Clubs and Project clubs to participate in setting up booths in the mezzanine. All 4-Hers that are present will be invited to be recognized on the ice during half time. These booths could have club information, pictures, slide shows, projects, etc.. Anything that makes your 4-Hers and club stand out. Let's show them how great our youth are!!

Use the link below to order tickets.

<https://fevo-enterprise.com/event/Sedgwickcounty3>



K-STATE

Research and Extension

Stephanie Hays

4-H Program Manager

Sedgwick County Extension

7001 W. 21st St. N.

Wichita, KS 67205

Phone: (316) 660-0111

Email: sahays@ksu.edu

Sophia Zurschmiede

4-H Program Manager

Sedgwick County Extension

7001 W. 21st St. N.

Wichita, KS 67205

Phone: (316) 660-0112

Email: esz@ksu.edu

Cathy Jones

4-H Program Assistant

Sedgwick County Extension

7001 W. 21st St. N.

Wichita, KS 67205

Phone: (316) 660-0113

Email: cpjones@ksu.edu

Barbara Wingfield

Office Professional

Sedgwick County Extension

7001 W. 21st St. N.

Wichita, KS 67205

Phone: (316) 660-0115

Email: bwingfie@ksu.edu